

Volunteering Expression of Interest Form

Thank you for your interest in volunteering with us!

We have volunteering opportunities with *Udny Community Trust* and *Cafe 48*. By filling in the form below we will be able to get an idea of what you would like to do and how much time you have to give which will help us match you to the right role within our organisation.

We currently have the following specific volunteering roles on offer.

UDNY COMMUNITY TRUST

Project Evaluation Group Member. Three rounds of grant applications per year. We will try and only ask you once or twice a year, but this is dependent on how many large grant applications that we receive. Training will be given.

• Help us to evaluate the large grant applications that we receive.

Baby & Toddler Stay & Play. Term time only. Alternative Monday mornings, 9.15am to 11.15am or afternoons, 1.15pm to 3.15pm. Help us to facilitate our popular weekly sessions.

- Welcome everyone in.
- · Serve drinks and biscuits.
- Tidying away the catering washing up.
- Opportunity to engage with the mums and babies who pop in.

Udny Health Walk. Every Tuesday. 10.00am to 11.45am. Help us to facilitate our popular walks. Please note that this requires external training to become a Walk Leader.

- Lead / support walks.
- Help with serving drinks and tidying away the catering.
- Opportunity to engage and welcome the walkers.

Open Doors. Term time only. Tuesday 2.00pm to 4.30pm. Help us to facilitate our popular sessions.

- Opportunity to engage and welcome everyone in.
- Help with serving drinks and cakes.
- Tidying away the catering.

Conversation Café. Various dates and times – once a month. Help us to facilitate our monthly conversation cafes.

- Help with serving drinks and tidying away the catering.
- Opportunity to engage with folk who attend.
- Find out about something new and join in the conversation café.

Guided Walks. Second Thursday of each month. 10.45am to 12noon. We are looking for a volunteer to take over these popular monthly guided walks.

- Would you like to become a walk leader, training would be provided.
- Could you be a back marker, help monitor things going on at the back of the walk.
- An opportunity to learn more about the local area and engage with local people.

Guided Cycle. Monthly Cycle. We are looking for a volunteer to run a new group.

- Would you like to become a cycle leader, full training with Aberdeenshire Bothy would be provided.
- An opportunity to learn more about the local area and engage with local people.

CAFE48

Opportunities in Café 48 include:

- Serving customers.
- Helping clear the tables.
- Helping do the dishes.
- An opportunity to be part of a friendly team and engage with customers.

When are you available to help in Cafe 48? Please circle the days and times that suit you best.

Wed	9.30am - 11.30am	12pm - 2.30pm	3pm - 5pm	
Thu	9.30am - 11.30am	12pm - 2.30pm		
Fri	9.30am - 11.30am	12pm - 2.30pm		
Sat	9.30am - 11.30am	12pm - 2.30pm		

Name	
Address inc Postcode	
Mobile Phone Number	
Email	

Please tell us which activity that you are interested in.				
Please tell us of any activities that you would prefer not to do. Optional.				

Please tell us why you are interested in volunteering with us. Optional.					
Please tell us about any skills, interests or hobbies that you may have. Optional.					
Health and Safety					
Do you have a disability or a health issue (including pregnancy) we need to take into account? Where appropriate, we can make adaptions to ensure volunteering with us is accessible. (If yes, please give details below).					
Yes / No Please circle.					
Details					
Please provide us with an emergency contact name and number for someone we can contact in event of an emergency.*					
Name					
Relationship					
Number					
* This will be treated confidentially, and will be stored securely, and the emergency contact will only be contacted for that purpose.					

For Udny Community Trust Volunteering	For Café 48 Volunteering
Please return this form to:	Please return this form to:
Vikki Jannetta, Community Engagement Officer engagement@udnycommunitytrust.org.uk The Medan Centre 14 Oldmeldrum Road Pitmedden, AB41 7AG Tel: 01651 843776	Tracy Gibb, Café 48 Manager cafe@udnycommunitytrust.org.uk The Medan Centre 14 Oldmeldrum Road Pitmedden, AB41 7AG Tel: 01651 842 346

If you would like to discuss any existing volunteering opportunities or have any new ideas for volunteering, then please don't hesitate to contact us.