

Blether



Udny Community Trust ~ June 2026 ~ Issue 009



VOLUNTEERS' WEEK *Special Edition*

Volunteers' Week is back, running from 1st - 7th June and we're celebrating and giving thanks for all of our volunteers. Our volunteers give so much to support Udny Community Trust and Cafe48 deliver benefit to the community of Udny. We wouldn't be able to do what we do without them. So we'd like to say a huge THANK YOU to each and every one of you!

Our volunteers support us in many different ways:

- Delivering our programme of community activities and events
- Working in Cafe48
- Keeping The Medan Centre building ship-shape and creating a beautiful garden and veg patch
- Reviewing grant applications as part of our Project Evaluation Group (PEG, see 'Spotlight')
- Litter-picking
- Lending their talents and sharing their skills through workshops and competitions
- Running the Trust company as volunteer Directors!

In 2025, around 80 volunteers gave over 5,600 hours to support UCTC and Cafe48. This contribution has an economic value of approx. £123,000 based on guidance by the Scottish Council of Voluntary Organisations.

We also recognise the hours and effort contributed by Udny's wider army of volunteers, all of which we couldn't possibly record but we see the difference you make and we appreciate each and every one of you.

Interested in finding out more about volunteering with Udny Community Trust? Visit www.udnycommunitytrust.org.uk or scan the QR code to apply!

thank you



Spotlight

Project Evaluation Group

The Project Evaluation Group (PEG), are volunteers who evaluate large grant applications. They receive training on how to review applications and their role is to consider whether the project will benefit the wider community. Their recommendations and suggestions on large grant applications are considered by the UCTC Board when making decisions on large grant awards.

PEG volunteers must be Members of the Trust, living within Udny. Their input ensures that community support for large projects is considered before funds are allocated through the Udny Community Fund.

Would you like to have a say on projects that apply for funding from Udny Community Trust? Contact UCTC Manager, Ruth Cluness for info: manager@udnycommunitytrust.org.uk

Highlights

Udny Community Summer Fayre, 27 June

The annual Summer Fayre at The Medan Centre and Pitmedden Park. Fun for all the family, see 'Key Dates' for details.

Swap Shop, Pitmedden Hall, 4 - 7 June. Reduce waste by sharing things you no longer need with neighbours! Good quality items are exchanged through the Swap Shop at no cost, keeping them from landfill. See 'Key Dates' for more info.

Community Cafe, 26 June, 11am - 12.30pm. Dr Spence Memorial Hall, Udny Green. Fine pieces, scones and a natter. Run by a wonderful team of dedicated volunteers. All proceeds support Dr Spence Memorial Hall.

Chest, Heart & Stroke Scotland, Pop-up Health Checks, 30 June, 9.30am - 2.30pm. Health advice and blood pressure checks from CHSS. Drop-in, no booking required.

What's On

Everyone welcome. Children must be accompanied by an adult.

at The Medan Centre



Weekly
Monday
10am - 12noon
Quarry Room



Weekly
Tuesday 10am
Cuppas & blether after!
Quarry Room



Weekly **Adults only**
Tuesday
1.30 - 3.30pm
Bronie Room



Weekly
Tuesday
2.30 - 4.30pm
Quarry Room



Weekly
Friday
Approx 2.20 - 2.45pm
The Medan Centre



Fortnightly
Fridays
3.30 - 5pm
Quarry Room

June 5th, 19th
Adults only



Monthly
Second Monday
3 - 4.30pm
Bronie Room

June 8th



Monthly
Third Monday
6 - 7pm
Bronie Room

June 15th



Monthly
Third Monday
6 - 8pm
Quarry Room

June 15th



Monthly
Last Thursday
10.30am - 12.30pm
Quarry Room

June 25th



Monthly x 2
Afternoon & evening groups. A different book each month. Get in touch with Teresa for details!



Daily
Mon - Sun
10am - 3pm
Quarry Room

These activities are delivered by our amazing team of volunteers. Please join us in saying 'THANK YOU' next time you're at a session!

Event schedule subject to change. Keep an eye on our website and Facebook pages for latest info and details. For more information contact Teresa Costanza: 01651 843776 or admin@udnycommunitytrust.org.uk

The Medan Centre, 14 Oldmeldrum Road, Pitmedden, Aberdeenshire, AB41 7AG

Key Dates

Community Events and Activities - June 2026

- Mon 1st, 15th, 29th** **Boccia, 2.00 - 4.00pm, Dr Spence Memorial Hall, Udney Green**
A seated, inclusive game of strategy open to anyone. Takes place fortnightly. £5 per person, per session including tea, coffee and biscuits. **Contact Brian for info: 07538 543646**
- Wed 3rd, 10th, 17th** **Threads & Yarns, 7-9pm, Quarry Room, The Medan Centre**
Sewing, knitting and crochet community group. Come for a cuppa and a natter. Adults and children aged 12+ (if younger, must be accompanied by an adult). **For info call Julia (07817 762723) or Lynette (07971 117599).**
- Thurs 4th - Sun 7th** **Swap Shop, Pitmedden Village Hall, see local advertising for details**
Swap and share pre-loved, good quality items with your community. Th 6-8pm, Fr 1-3pm - DROP OFF ONLY. Fr 6-8pm, Sa 10am-4pm, Su 10am-2pm - PICK UP ONLY. Keep an eye on Facebook for up to date info. **Contact Vikki Jannetta, vikkiannetta@gmail.com or message on Facebook.**
- Mon 8th** **Childsmile @ Baby & Toddler Stay & Play, 10am - 12noon, Quarry Room, The Medan Centre**
Childsmile will be in attendance to provide advice on all things oral health-related for your little ones. No need to book. **Contact Teresa: admin@udnycommunitytrust.org.uk.**
- Mon 8th** **Udny Conversation Cafe, 3-4.30pm, Quarry Room**
Come along and catch up over a cuppa and a fine piece. No set theme this month, just come along for a blether, share a story or tell us about your hobby or passion! **Contact Teresa Costanza for info: admin@udnycommunitytrust.org.uk.**
- Mon 8th** **Udny Community Council Meeting, 7.30pm, Quarry Room, The Medan Centre**
Udny Community Council meets on the second Monday of every month. Meetings are open to parish residents. **Contact udnycsecretary@outlook.com for information.**
- Tues 9th** **Social Group, 7.30-8.30pm, Bronie Room, The Medan Centre**
A simple space to connect with others, have a chat, slow the pace a little, and enjoy being around people. Relaxed social connection and wellbeing are the focus. **For more info visit: www.facebook.com/Jotransforminglives**
- Mon 15th** **Bereavement Café, 6.00-7.00pm, Bronie Room, The Medan Centre**
Peer support group for those who have experienced loss, either recently or in the past. Grief has no time limit. **Contact Teresa Costanza for info: admin@udnycommunitytrust.org.uk.**
- Thu 25th** **UCTC Guided Long Walk: Tarves Heritage Centre, 10.30am - 12.30pm, Meet at Tarves Heritage Centre**
A visit to the Tarves Heritage Centre and walk around the village of Tarves. **Please let us know if you will be joining; contact Teresa on admin@udnycommunitytrust.org.uk**
- Fri 26th** **Litter Pick, 4.30-6.00pm, Pitmedden Park**
A tidy up of Pitmedden Park in preparation for the Udny Community Summer Fayre. Litter picking equipment will be provided and participants will receive a discount voucher for Cafe48. Children must be accompanied by an adult. **Contact Teresa for info: admin@udnycommunitytrust.org.uk.**
- Sat 27th** **Udny Community Summer Fayre, 11am - 3pm, The Medan Centre and Pitmedden Park**
Udny's annual Community Summer Fayre, taking place at The Medan Centre and Pitmedden Park. Pony rides, bouncy castles, fun for all the family and delicious food and drink from Cafe48. Join the fun and meet lots of local groups, clubs and makers! **Contact Teresa for info: admin@udnycommunitytrust.org.uk & find the event on Facebook**
- Mon 29th** **Book Bug & Health Visitor @ Baby & Toddler Stay & Play, 10am-12noon, Quarry Room**
Boost language skills and meet other families through rhymes, songs and stories. Our regular Baby & Toddler session with added Book Bug bonus at 10.30am. No need to book. **Contact Teresa: admin@udnycommunitytrust.org.uk.**
- Tues 30th** **Chest, Heart & Stroke Scotland Pop-up Health Checks, 9.30am - 2.30pm, Quarry Room**
Gillian from CHSS will be at The Medan Centre for the day, for drop-in health & wellbeing advice and blood pressure checks. No need to book. **Contact Teresa: admin@udnycommunitytrust.org.uk.**



Udny Swaps
Facebook



Udny Community
Summer Fayre on
Facebook



The Medan Centre

Your Community Hub



Cafe48



Tuesday to Sunday, 10am - 3pm

Sit in and take away. Fresh local food and home bakes. Regular specials and offers. Booking is recommended!

#VolunteersWeek Discount

Cafe48 is offering a discount to all Udny Community Trust volunteers as a thank you for your support. UCTC and Cafe48 registered volunteers only, please ask at the till.



PitmeddenCafe



SCAN TO BOOK A TABLE ONLINE



01651 842346



cafe@udnycommunitytrust.org.uk



Community Information Point

This month, our Community Information Point will focus on:

Oral Health & Breastfeeding

We also have a 'Services & Support Directory' containing information on a wide range of health, wellbeing and social care topics.

The Community Information Point is outside the Bronie Room, in The Medan Centre.

To access professional support you can speak to a Healthpoint Adviser. They will help you find free and confidential advice on health and wellbeing matters.

Call 08085 20 20 30

Mon - Fri, 9am - 5pm

Room Hire

We have rooms for hire at competitive rates and we welcome volunteer-led community groups to use our space for low or no cost.

Rates and information on our spaces can be found on UCTC's website. To find out more about our spaces or to book, contact Ruth Cluness: 01651 843776 or facilities@udnycommunitytrust.org.uk



Udny Community Shelf



Open daily, 9am to mid-afternoon.

Udny Community Shelf helps our community to reduce food waste. Volunteers collect surplus food from local stores, saving it from landfill.

Everything in the Shelf is free of charge. The Shelf operates from a trailer in The Medan Centre car park.



Visit us...

14 Oldmeldrum Road, Pitmedden, AB41 7AG



Speak to us...

01651 843776 or 07436 811759



We're on WhatsApp



udnycommunitytrust.org.uk



[udnycommunitytrustcompany](https://www.facebook.com/udnycommunitytrustcompany)



[udnycommunitytrust](https://www.instagram.com/udnycommunitytrust)

